



First Aid
Training Solutions
Saving lives at work



QA Level 2 Award in

Cardiopulmonary Resuscitation and Automated External Defibrillation (RQF)



½ day
course



Ofqual
regulated



Certificate
valid for 1 year

Be Prepared

Did you know that following a cardiac arrest, every minute without CPR and defibrillation reduces a casualty's chance of survival by 10%?

Sudden cardiac arrest is one the UK's biggest killers, and yet statistics show that most of the British public are unaware of the life-saving difference they can make by performing CPR and defibrillation.

The **QA Level 2 Award in Cardiopulmonary Resuscitation and Automated External Defibrillation (RQF)** is a regulated and nationally recognised qualification that has been specifically designed to provide candidates with the knowledge and skills needed to perform cardiopulmonary resuscitation (CPR) and use an AED safely in emergency situations.

With an estimated 60,000 out of hospital cardiac arrests occurring every year in the UK alone, make sure you are prepared!

What's Covered?

- ⊕ Basic life support
- ⊕ Recovery Position
- ⊕ CPR
- ⊕ Choking
- ⊕ Safe use of an Automated External Defibrillator
- ⊕ Procedures for when Emergency Services arrive
- ⊕ Basic AED maintenance

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