



**First Aid**  
Training Solutions  
Saving lives at work



QA Level 3 Award in

# Emergency First Aid at Work (RQF)



1 day  
course



Certificate  
valid for 3 years



Ofqual  
regulated

## Is your Workplace Prepared?

### Did you know that an estimated 555,000 workers in Britain sustained an injury at work in 2017/18?

The Health and Safety (First Aid) Regulations 1981 require all employers to make arrangements to ensure their employees receive immediate attention if they are injured or taken ill at work. This includes carrying out a risk assessment, appointing a suitable amount of first aiders and providing appropriate first aid training. However, having the correct first aid provision in the workplace is not just a legal requirement, it is incredibly important for the safety of all members of staff!

The **QA Level 3 Award in Emergency First Aid at Work (RQF)** qualification is designed for individuals who wish to act as an emergency first aider in their workplace. Upon successful completion of this qualification, candidates will be equipped with the essential skills needed to give safe, prompt and effective first aid in emergency situations.

What's more, as a regulated qualification, employers can book this course for their employees and rest assured that they have fulfilled their legal responsibilities for providing quality first aid training, without having to undertake any lengthy due diligence checks.

## What's Covered?

- ⊕ The roles and responsibilities of an emergency first aider
- ⊕ Assessing an incident
- ⊕ Managing an unresponsive casualty
- ⊕ CPR and defibrillation
- ⊕ Recovery Position
- ⊕ Choking
- ⊕ Seizures
- ⊕ Shock
- ⊕ Wounds and bleeding
- ⊕ Minor injuries
  - Cuts, grazes and bruises
  - Minor burns and scalds

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